



# Summer Session 2: July 13 - August 20 (6 weeks)

13331 Lincoln Plaza Way Cedar Lake, IN 219-669-2920

Monday		Tuesday		Wednesday		Thursday	
	<b>4:15-5:00</b> Acro 2		<b>8:30-9:00 am</b> Creative Movement Age 2.5-3	<b>4:15-5:00</b> Pre Acro Age 4-5	<b>4:15-5:00</b> Ballet 1 Age 5-7		<b>4:00-4:30</b> Creative Movement Age 2.5-3
	<b>5:00-5:45</b> Acro 1	<b>9:00-9:45</b> Pre Acro Age 4-5	<b>9:00-9:45 am</b> Ballet 1 Age 5-7	<b>5:00-5:45</b> Acro 1	<b>5:00-5:45</b> Lyrical 1 Age 5-7	<b>4:15-5:00</b> Hip Hop 1 Age 5-7	<b>4:30-5:15</b> Ballet 2 Age 8-10
<b>5:45-6:30</b> Jazz 1 Age 5-7	<b>5:45-6:30</b> Acro 3		<b>9:45-10:30 am</b> Toddler Tap/Ballet Age 3-5	<b>5:45-6:30</b> Acro 2	<b>5:45-6:30</b> Toddler Ballet/Jazz Age 3-4		<b>5:15-6:00</b> Lyrical 2 Age 8-10
	<b>6:30-7:15</b> Hip Hop 1 Age 5-7	<b>10:30-11:15</b> Hip Hop 2 Age 8-10	<b>10:30- 11:15 am</b> Jazz 1 Age 5-7				
<b>7:15-8:00</b> POM 1 Age 5-7	<b>7:15-8:00</b> Hip Hop 2 Age 8-10		<b>11:15-12:00 am</b> Contemporary 2		<b>7:15-8:00</b> Jazz 2 Age 8-10		<b>7:00-7:45</b> Ballet 3 Age 11-13
<b>8:00-8:45</b> POM 2 Age 8-10	<b>8:00-8:45</b> Hip Hop 3 Age 11-13				<b>8:00-8:45</b> Lyrical 3 Age 11-13	<b>7:45-8:45</b> Technique/Team Prep Age 11 +	

## Classes at a Glance:

Ages: 2.5-5		Ages: 5-7	
Toddler- Creative Movement (age 2.5-3)	T. 8:30am, Th. 4:00	Ballet 1	W. 4:15, T 9:00am
Toddler- Ballet/Jazz (age 3-4)	T. 9:45am, W. 5:45	Jazz 1	M. 5:45, T 10:30am
Pre- Acro (4 & 5)	T. 9:00am, W. 4:15	Lyrical 1	W. 5:00
		Hip Hop 1	M. 6:30, Th. 4:15
		Pom 1: bring to class: 4" Vinyl White Pom	M. 7:15
		Acro 1: working on fwd/bwd rolls, standing bridges, chin stands, tripod/headstands, handstand kick ups, cartwheels, limber skills	M. 5:00, W. 5:00
Ages: 8-10		Ages: 11-13	
Ballet 2	TH. 4:30	Ballet 3	Th. 7:00
Jazz 2	W. 7:15	Lyrical 3	W. 8:00
Lyrical 2	Th. 5:15	Hip Hop 3	M. 8:00
Hip Hop 2	M. 7:15, T. 10:30	Technique/Team Prep: For dancers looking to be on or currently on a HS dance team and want to refine skill/tricks	TH. 7:45
Pom 2: bring to class: 4" Vinyl White Pom	M. 8:00	Acro 3: <b>must have</b> front limber, back walkover, head stand, and concept of a front walkover. Working on front walkover, back limbers, aerial cartwheels, back handspring	M. 5:45
Acro 2: <b>must have</b> a backbend rise, 1-handed cartwheel, headstand & front limber. Working on chin/elbow stands, back limber skills, fwd & backward	M. 4:15, W. 5:45		