



# LM PREMIER DANCE: Summer Session 1: June 2- June 26 (4 weeks)

13331 Lincoln Plaza Way Cedar Lake, IN 219-669-2920

Monday	Tuesday	Wednesday	Thursday
4:15-5:00 ACRO 2	3:30-4:15 TODDLER-BALLET/JAZZ Age: 3-4	4:15-5:00 BALLET 1 Ages: 5-7	10:00-10:45 TODDLER- BALLET/JAZZ Ages: 3-4
5:00-5:45 TODDLER- ACRO/BALLET Ages: 3-4	4:15-5:00 JAZZ 1 Ages 5-7	5:00-5:45 BALLET 2 Ages: 8-10	10:45-11:30 HIP HOP 1 Ages: 5-7
5:45-6:30 ACRO 1	5:00-5:45 HIP HOP 2 Ages: 5-7	5:45-6:30 TODDLER: BALLET Age: 3-4	11:30-12:00 CREATIVE MOVEMENT Age: 2.5-3
6:30-7:15 HIP HOP 1 Ages: 5-7	5:45-6:30 JAZZ 2 Ages 8-10		4:15-5:00 LYRICAL 1 Ages: 5-7
7:15-8:00 HIP HOP 2 Ages: 8-10	6:30-7:15 PRE ACRO Ages: 4-5		
8:00-8:45 HIP HOP 3 Ages: 11-13	7:15-8:00 ACRO 1		
	8:00-8:45 ACRO 3		7:00-7:45 BALLET 1 Ages: 5-7
	8:45-9:30 LYRICAL 3		7:45-8:30 BALLET 3 Ages: 11-3

## Classes at a Glance:

<b>Ages: 2.5-5</b>	Creative Movement (age 2.5-3) Toddler- Ballet (age 3-4) Toddler- Ballet/Jazz (age 3-4) Toddler- Ballet/ Acro (age 3-4) Pre- Acro (4 & 5)	Th. 11:30 am W. 5:45 T. 3:30, Th. 10:00 AM M. 5:00 T. 6:30
<b>Ages: 5-7</b>	Ballet 1 Jazz 1 Lyrical 1 Hip Hop 1 Acro 1: working on fwd/bwd rolls, standing bridges, chin stands, tripod/headstands, handstand kick ups, cartwheels, limber skills	W. 4:15, Th. 7:00 T. 4:15 Th. 4:15 M. 6:30, Th. 10:45 am M. 5:45, T. 7:15, W. 10:00am
<b>Ages: 8-10</b>	Ballet 2 Jazz 2 Hip Hop 2 Acro 2: <b>must have</b> a backbend rise, 1- handed cartwheel, headstand & front limber. Working on chin/elbow stands, back limber skills, fwd & backward walkovers, handstand walks	W. 5:00 T. 5:45 M. 7:15, T 5:00 M.4:15, Th. 10:45 am
<b>Ages: 11-13</b>	Ballet 3 Lyrical 3 Hip Hop 3 Acro 3: <b>must have</b> backbend rise, front limber, back walkover, head stand, controlled handstand and concept of a front walkover. Working on front walkover, back limbers, aerial cartwheels, head cartwheels, sequencing of skills	Th. 7:45 T. 8:45 M. 8:00 T. 8:00