



# LM PREMIER DANCE: Summer Session 2: July 7- August 14 (6 weeks)

13331 Lincoln Plaza Way Cedar Lake, IN 219-669-2920

Monday		Tuesday		Wednesday		Thursday	
4:15-5:00 ACRO 2	4:15-5:00 TODDLER- BALLET/JAZZ Ages: 3-4	10:00-10:30 AM CREATIVE MOVEMENT Ages: 2.5-3		4:15-5:00 HIP HOP 1 Ages: 5-7	4:15-5:00 BALLET 1 Ages: 5-7		
5:00-5:45 TODDLER- BALLET/ACRO Ages: 4-5	5:00-5:45 JAZZ 1 Ages: 5-7	10:30-11:15 AM PRE ACRO Ages: 4-5	10:30-11:15 AM HIP HOP 1 Ages: 5-7		5:00-5:45 LYRICAL 1 Ages: 5-7		
5:45-6:30 ACRO 1	5:45-6:30 BALLET 1 Ages: 5-7	11:15-12:00 AM ACRO 1			5:45-6:30 TODDLER BALLET Ages: 3-4		
		Studio Break					
6:30-7:15 HIP HOP 1 Ages: 5-7	6:30-7:15 ACRO 1	4:00-5:00 Pre Team Ages: 5-8			6:30-7:15 BALLET 3 Ages: 11-13		
7:15-8:00 HIP HOP 2 Ages: 8-10	7:15-8:00 ACRO 2	5:00-5:45 JAZZ 1 Ages: 5-7			7:15-8:00 BALLET 2 Ages: 8-10		
8:00-8:45 HIP HOP 3 Ages: 11-13	8:00-8:45 ACRO 3	6:30-7:15 JAZZ 2 Ages: 8-10			8:00-8:45 LYR/ CONTEMP 2 Ages: 8-10		
		7:15-8:00 HIP HOP 2 Ages: 8-10	7:45-8:30 LYRICAL 3 Ages: 11-13				

### Classes at a Glance:

<b>Ages: 2.5-5</b>	Creative Movement (age 2.5-3) Toddler- Ballet/Jazz (age 3-4) Toddler- Ballet/Acro (age 3-4) Toddler- Ballet (ages 3-4) Pre- Acro (4 & 5)	W. 10:00 am T. 4:15 M. 5:00 Th. 5:45 W. 10:30
<b>Ages: 5-7</b>	Ballet 1 Jazz 1 Lyrical 1 Hip Hop 1 Acro 1: working on fwd/bwd rolls, standing bridges, chin stands, tripod/headstands, handstand kick ups, cartwheels, limber skills	T. 5:45, Th. 4:15 T. 5:00, W. 5:00 Th. 5:00 M. 6:30, T. 10:30 AM, Th. 4:15 M. 5:45, T. 6:30, W. 11:15 AM
<b>Ages: 8-10</b>	Ballet 2 Jazz 2 Lyrical/Contemporary 2 Hip Hop 2 Acro 2: <b>must have</b> a backbend rise, 1- handed cartwheel, headstand & front limber. Working on chin/elbow stands, back limber skills, fwd & backward walkovers, handstand walks	Th. 7:15 W. 6:30 Th. 8:00 M. 7:15, W 7:15 M. 4:15, T. 7:15
<b>Ages: 11-13</b>	Ballet 3 Lyrical/ Contemporary 3 Hip Hop 3 Acro 3: <b>must have</b> backbend rise, front limber, back walkover, head stand, controlled handstand and concept of a front walkover. Working on front walkover, back limbers, aerial cartwheels, head cartwheels, sequencing of skills	Th. 6:30 W. 7:45 M. 8:00 T. 8:00