



Summer Session 1: June 1 - 26 (4 weeks)

13331 Lincoln Plaza Way Cedar Lake, IN 219-669-2920

| Monday | | Tuesday | | Wednesday | | Thursday | |
|--|--|---------|---|---|---|----------|---|
| | 4:15-4:45 Creative Movement Age 2.5-3 | | | 4:15-5:00 Jazz 2 Age 8-10 | | | 4:00-4:45 Toddler Ballet Age 3-4 |
| | 4:45-5:30 Toddler Ballet/Jazz Age 3-4 | | | 5:00-5:45 Pre Acro Age 4-5 | 5:00-5:45 Lyrical 2 Age 8-10 | | 4:45-5:30 Ballet 2 Age 8-10 |
| 6:00-6:45 Acro 1 | 5:30-6:15 Jazz 1 Age 5-7 | | | 5:45-6:30 Acro 1 | | | |
| 6:15-7:00 Hip Hop 1 Age 5-7 | 6:45-7:30 Acro 2 | | 6:30-7:15 Hip Hop 1 Age 5-7 | 6:30-7:15 Acro 2 | 6:45-7:30 Lyrical 1 Age 5-7 | | 6:45-7:30 Ballet 1 Age 5-7 |
| 7:00-7:45 Hip Hop 2 Age 8-10 | 7:30-8:15 Acro 3 | | 7:15-8:00 Hip Hop 2 Age 8-10 | | | | 7:30-8:15 Ballet 3 Age 11-13 |
| 7:45-8:30 Hip Hop 3 Age 11-13 | | | 8:00-8:45 Jazz 3 Age 11-13 | | | | 8:15-9:00 Lyrical 3 Age 11-13 |

Classes at a Glance:

| Toddler/ Pre Level Ages: 2.5-5 | |
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| Creative Movement (age 2.5-3) | M. 4:15 |
| Toddler- Ballet (age 3-4) | TH. 4:00 |
| Toddler- Ballet/Jazz (age 3-4) | M. 4:45 |
| Pre- Acro (4 & 5) | W. 5:00 |

| Level 1 Ages: 5-7 | |
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| Ballet 1 | Th. 6:45 |
| Jazz 1 | M. 5:30 |
| Lyrical 1 | W. 6:45 |
| Hip Hop 1 | M. 6:15, T. 6:30 |
| Acro 1: working on fwd/bwd rolls, standing bridges, chin stands, tripod/headstands, handstand kick ups, cartwheels, limber skills | M. 6:00, W. 5:45 |

| Level 2 Ages: 8-10 | |
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| Ballet 2 | TH. 4:45 |
| Jazz 2 | W. 4:15 |
| Lyrical 2 | W 5:00 |
| Hip Hop 2 | M. 7:00, T. 7:15 |
| Acro 2: must have a backbend rise, 1- handed cartwheel, headstand & front limber. Working on chin/elbow stands, back limber skills. fwd & backward walkovers. handstand walks | M.6:45, W. 6:30 |

| Level 3 Ages: 11-13 | |
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| Ballet 3 | Th. 7:30 |
| Jazz 3 | T. 8:00 |
| Lyrical 3 | TH. 8:15 |
| Hip Hop 3 | M.7:45 |
| Acro 3: must have front limber, back walkover, head stand, and concept of a front walkover. Working on front walkover, back limbers, aerial cartwheels, back handspring | M. 7:30 |